



Coupar Angus Bulletin



For the residents of Coupar Angus, Ardler and Bendochy

www.coupar-angus.org

Issue 52

February 2010

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Bloomin' Lovely!



As the snow finally melts away; on the ground it seems like everything is dormant. However, in November last year, Coupar Angus Pride of Place held their first "Plant in the Park" event when the community, including the Coupar Angus Brownies and Guides came along to help them plant 5000 daffodil bulbs in the newly refurbished Larghan Park. The daffodil bulbs had kindly been donated by the Lyburn Family and will be a colourful addition to the award winning park in the Spring.

Pride of Place Chair Tom Sharpe commented on the day that, "Pride of Place are very grateful for the support it receives and support at events like this are a great way for the community to make a difference to the place in which we all live. The group also planted wild flowers in the wildflower meadow.

Thanks to all involved for the splash of spring colour in Larghan Park when it comes!

Turn over for our What's On guide in February.

What's On in Coupar Angus for February 2010

Monday 1st - St Anne's Church **Parent & Toddler Group**, 10am-12noon Tea/coffee & children's snacks, £1/family

***New Age Kurling** in the Town Hall, 2-4pm. £1/game plus 50p /ticket for a raffle. Tea/coffee & home bakes served. Contact Anne Campbell on 01828 627587

***Tai Chi** 7-8.30pm at the Coupar Angus Primary School Hall. **Adult Education Classes**

Tuesday 2nd - **Yoga** 7-8.30pm Upstairs in Coupar Angus Town Hall. **Adult Education Classes**

Wednesday 3rd - **Tea Dance** in the Town Hall, 1.30pm, £2.00 admission and £1 for a raffle. Music by Accordionist Dave Jenkins Contact Mrs Blyth 01250 872074

Thursday 4th - **Scottish Country Dancing** 7-9pm at Coupar Angus Primary School Hall. **Adult Education Classes**

***Afternoon Art Class** 1.30-3.30pm Guide Hut, School Rd, Coupar Angus. **Adult Education Classes**

Friday 5th - **Relax Art & Craft Group** 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session

*St Anne's Church **Parent & Toddler Group**, 10am-12noon (as before)

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**Monday 8<sup>th</sup>** - St Anne's Church **Parent & Toddler Group**, 10am-12noon (as before)

\***Over 60's Day Out** to Brechin Castle Centre, leaving the Town Hall at 1pm. If

you would like to join us (depending on seat availability) please phone Tom on 628342 or Michael on 627124

\***New Age Kurling** in the Town Hall, 2-4pm. £1/game plus 50p /ticket for a raffle. Tea/coffee & home bakes served. Contact Anne Campbell on 01828 627587

\***Tai Chi** 7-8.30pm at the Coupar Angus Primary School Hall. **Adult Education Classes**

\***Community Council Meeting**, 7pm in Coupar Angus Town Hall

\***SNP Bingo Tea** in Coupar Angus Town Hall, eyes down at 7.30pm - 9.45pm

**Tuesday 9<sup>th</sup>** - St Anne's Church **Lunch Club**, 12.30pm-2pm Soup & roll, sandwich or toasty, cheese & biscuits £2.00/person

\***New Age Kurling** at St. Anne's Church Hall 2pm - 4pm Refreshments served

\*Yoga 7-8.30pm Upstairs in Coupar Angus Town Hall. **Adult Education Classes**

**Wednesday 10<sup>th</sup>** - **Tea Dance** in Coupar Angus Town Hall, 1.30pm, £2.00 admission and £1 for a raffle. Music by Accordionist Dave Jenkins Contact Mrs F Blyth 01250 872074

**Thursday 11<sup>th</sup>** - **Afternoon Art Class** 1.30 - 3.30pm Guide Hut, School Rd, Coupar Angus **Adult Education Classes**

\***Thursday Friends** - Event in the Abbey Church Hall, 2.30pm Entertainment and refreshments. Open to all Senior Citizens

\***Scottish Country Dancing** 7-9pm at Coupar Angus Primary School Hall. **Adult Education Classes**

### What's On in Coupar Angus Continued.....

**Friday 12<sup>th</sup> - Relax Arts and Crafts Group** 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session

\* St Anne's Church **Parent & Toddler Group**, 10am-12noon (as before)  
\***Pride of Place Family Ceilidh**, 7.30-10.30pm in Town Hall. Tickets are £6 each including supper, Accompanied children under 12 years free. Tickets from Florence at the Town Hall or Rona on 628865.

\***Coupar Angus Country and Western Music Club**, 8pm to midnight at the Red House, Coupar Angus. The band is 'Tequila'

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Monday 15th - St Anne's Church **Parent & Toddler Group**, 10am-12noon (as before)

***New Age Kurling** in the Town Hall, 2-4pm. £1/game plus 50p /ticket for a raffle. Tea/coffee & home bakes served.

Wednesday 17th - Tea Dance in the Town Hall, 1.30pm, £2.00 admission and £1 for a raffle. Music by Accordionist Dave Jenkins Contact Mrs F Blyth 01250 872074

Friday 19th - Relax Art and Craft Group 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session

*St Anne's Church **Parent and Toddler Group**, 10am - 12noon (as before)

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**Monday 22<sup>nd</sup> -** St Anne's Church **Parent & Toddler Group**, 10am-12noon (as before)

\***New Age Kurling** in the Town Hall, 2-4pm. £1/game plus 50p /ticket for a

raffle. Tea/coffee & home bakes served. **New!! Boccia** a game similar to boules, suitable for all mobility's

\***Tai Chi** 7-8.30pm at the Coupar Angus Primary School Hall. **Adult Education Classes**

**Tuesday 23<sup>rd</sup> -** St Anne's Church **Lunch Club**, 12.30pm - 2pm Soup & roll, sandwich or toasty, cheese & biscuits £2.00/person

\***Film Club** at St Anne's Church Hall, 2pm onwards. £1.00 for Tea/coffee and biscuits

\***Yoga** 7-8.30pm Upstairs in Coupar Angus Town Hall. **Adult Education Classes**

**Wednesday 24<sup>th</sup> - Tea Dance** in the Town Hall, 1.30pm, £2.00 admission and £1 for a raffle. Music by Accordionist Dave Jenkins Contact Mrs F Blyth 01250 872074

**Thursday 25<sup>th</sup> - Afternoon Art Class** 1.30-3.30pm Guide Hut, School Rd, Coupar Angus. **Adult Education Classes**

\***Scottish Country Dancing** 7-9pm at Coupar Angus Primary School Hall. **Adult Education Classes**

**Friday 26<sup>th</sup> - Relax Arts and Craft Group** 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session,

\*St Anne's Church **Parent & Toddler Group**, 10am-12noon (as before)

\*\*\*\* Burrelton & Woodside Playgroup \*\*\*\*  
[www.burreltonplaygroup.co.uk](http://www.burreltonplaygroup.co.uk)

# Playgroup

for 2 to 5 year olds, run  
by Playstart (P&K  
Council)



Monday, Wednesday and Fridays during term time

Burrelton Village Hall

9.15am to 12.15pm

Admission £6  
per session

Children under 2?  
Come to our toddler  
group at Cargill-  
Burrelton Church  
Hall in Woodside.  
Every Wednesday at  
10am until 11.30am.

£1.50 for 6 months+  
£1 under 6 months,  
mums and carers free.



For more information or  
an application form  
please email your  
contact details to  
[enquiries@burreltonplaygroup.co.uk](mailto:enquiries@burreltonplaygroup.co.uk).  
No email?  
Please phone 0779 117  
4972

Details are also on our  
website.

## A Local Development Trust?

Last week a group of 5 residents from Coupar Angus, including Michael Gallagher and John Munro, visited Neilston Development Trust.

Like many small towns, Neilston, near Glasgow, has been somewhat neglected in recent years. The Trust, which is a company owned by the community, has converted a redundant bank into a community café. More recently, it hired Danish town planners to work with local residents to draw up a "Town Charter". The Charter consists of a number of projects, including an elegant street-scape, better policing and the renovation of a redundant mill. In short, the Trust is enabling the people of Neilston to shape the future of their town.

Michael and John are now planning a series of events to see if there is support

for a development trust in Coupar Angus. The first will be a visit to Comrie Development Trust, which made headlines when it bought the Cultybraggan military base and became one of Scotland's first eco towns.

Interested members using their own cars will set off together from Coupar Angus at 1pm on Wednesday 10 February. If you would like to join us, please phone Michael Gallagher on 01828 627124.

Additionally, on Tuesday 2 March at 7pm there will be a presentation at St Anne's Church Hall by Tom Black of the Development Trust Association of Scotland - all welcome.

Article from Michael Gallagher and John Munro

### Keep in touch...

The Coupar Angus Bulletin is written by the Community, about the Community for the Community. If you would like to let people in the area know what's going on, you can email me your article on [cartrust@btconnect.com](mailto:cartrust@btconnect.com) or give me a call on 01828 628569. I work on Monday, Thursday and Friday most weeks.

Past Bulletins are on our website [www.coupar-angus.org](http://www.coupar-angus.org), with an update on events included. Businesses can advertise in the Bulletin too, so give me a call. We have visitors on the website from Canada, Bermuda and Australia to name but a few. Let the world know what's happening in your home town!

Jill, Project Officer

### **Business & Service Advertising**

**The Coupar Angus Bulletin can now offer very competitive advertising rates to businesses and services in the area.**

**Please contact Jill at the CART Office**

**Telephone 01828 628569**

## The February Garden

What a year it has been for the gardener. The worst summer since Noah first took up boat building and the longest, coldest winter in a generation. Having said that we have another year ahead of us and maybe, just maybe 2010 will be a scorcher!

It may not seem like it but now is a good time to start preparing your garden for that balmy summer. I always feel that a day's gardening in February is worth 5 days in July. You just seem to be able to do more when the trees are bare and the weeds have yet to kick in. So, what should you be thinking of achieving?

Hedges and Trees are always top of my list. As well as pruning apple and pear trees it's an ideal time to be dealing with those diseased, damaged or dangerous branches. I have noticed one or two branches in a large pine tree near my house that tend to whip the roof tiles when it's windy. Already they have dislodge a couple of tiles and I am kicking myself I had not trimmed them back earlier in the year.

Associated with tree's is clearing the gutters. It's amazing how much leaves and pine needles gather and can block drains and provide an excellent growing medium for allsorts of seeds. I have seen various grasses, Ferns, Buddleia and even a Sycamore tree growing in gutters with their roots firmly embedded in the fabric of the house. Keep these cleared and kept clean at all times but especially over the winter period.

Other tasks include.....

- Plant new fruit bushes if the ground is not frozen.
- Continue taking hardwood cuttings of deciduous trees, shrubs and currant bushes.
- Cut the old leaves from hellebores to reveal their flowers.
- Plant bare-root roses, trees, shrubs and hedging.
- Melt frozen pond surfaces so fish can breathe.
- Recycle your Christmas tree or shred it for mulch.
- Treat timber structures such as pergolas, fences and obelisks.
- Regularly put out food and water for birdlife.
- Repair lawn edges or patches

Finally, think safety! Chainsaw and ladder work are best left to the professionals. Think about getting your local garden maintenance experts in to tackle those difficult jobs for you.

Get someone local, the Alyth Voice carries several advertisements in this area. They have the right tools and experience for the job and allows you to save your strength for the balmy barbecue summer we are about to have!



## Pride of Place February Update

Following on from our appeal last month for friends of the group to offer an hour of their time this coming year, the group are delighted to say that they received 5 offers of help. These offers came in the form of soup making, baking and occasional weeding which are all greatly appreciated by the group and will help make a difference to Coupar Angus. The favours will be called in during the coming year as Pride of Place continue to run our family ceilidhs and hold our fund raising plant sale on the 26th May.

Thanks are extended to those who have offered assistance but the group are still

appealing to anyone who can offer ONE HOUR of their time to assist the group with their big plans in 2010. Anyone willing to support the group in this way or can offer any skill which might be of use to the group is asked to fill in the form overleaf.

Pride of Place are holding their next Family Ceilidh on Friday 12th February, 7.30-10.30pm Tickets are on sale for £6 each, including supper, and are available from Florence at the Town Hall or Rona on 628865. Accompanied children under 12 are free.

## OGILVIES GARDEN SERVICES

**Friendly, Reliable and Low Cost  
Garden Maintenance**

Hedge and Tree Maintenance – Grass Cutting –  
Garden Tidy Ups Driveway's and Patio Power  
Washed – Pruning - Gutters Cleared  
Odd Jobs  
Over 20 Years Experience  
Fully Insured

Member of Better Business partnership  
All Prices Agreed Upfront

**Special Offer** Thinking of selling your house? Our pre sale garden tidy up service ensures a favorable first impression for any buyer. From £99.00

**Call Anytime : 01828 670273 /  
07946 446103  
Ogilvies Landscaping Services**

*Now available at*

# Eden

**8 Union Street  
Coupar Angus  
Tel. 01828 627424**

- \* Swedish Massage                      1 hr £30.00
- \* Acupressure Massage                ½ hr £20.00
- \* Remedial & Sports Massage   1 hr £30.00

**Introductory Offer!**  
20% discount available on all treatments given before Feb 28th.

(Please note-offer only applies to treatments provided by Rae Lamond).

Rae Susan Lamond, Tel: - 01828 670728  
Member of the  
Scottish Therapists Organisation

## Coupar Angus *Pride of Place* Looking for Friends to help

**Pride of Place** was formed in 2006 when a CART Community Questionnaire highlighted that the community wanted the town to "look better". Since then the Group has grown in ambition and has achieved many awards in the Take a Pride in Perthshire Competition, including twice winning "Best Community Involvement", twice winning "Best Involvement with the local school" and this year, for the first time, attaining a prestigious "Gold" award.

To build on this success and also to continue with the big plans the Group is developing, Pride of Place are calling on "friends" of the Group to help. Friends of the Group will be considered as people who are prepared to commit to the Group a few hours of their time each year or have a special skill that the Group could call on from time to time. They will not be required to assist the Group on a regular basis nor to attend meetings unless they wish to.

This assistance would be greatly appreciated by the Group however we need to know who is willing to help. If you are willing to commit to a few hours this coming year or have a specific skill we could call on from time to time the group would like to hear from you. Please complete and return this tear off slip to the CART office in the Royal Bank Building or hand in at the Town Hall entrance table near the Library door.

A "few hours" of time is not a big commitment and can take many forms ....

### FILL IN THE FORM IF YOU ARE WILLING TO ASSIST

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>I am willing to assist by:</b></p> <p><input type="checkbox"/> general gardening</p> <p><input type="checkbox"/> baking a cake for a fund raising coffee morning</p> <p><input type="checkbox"/> making sandwiches for a ceilidh</p> <p><input type="checkbox"/> helping at a litter pick</p> <p><input type="checkbox"/> crafting etc for table sales</p> <p>Or offer of a specific skill which may be required for a specific project from time to time.</p> <p>I have special skills in:</p> | <p>I would be willing to commit a few hours to assist Pride of Place .</p> <p>Name:</p> <p>Preferred Contact Details:<br/>email:</p> <p>Telephone:</p> <p>Address:</p> |
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**Coupar Angus  
Regeneration  
Trust**

Office Address:  
Ground Floor Office  
A Royal Bank  
Buildings Union  
Street Coupar  
Angus PH13 9AE  
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[CARtrust@btconnect.com](mailto:CARtrust@btconnect.com)  
[www.coupar-angus.org](http://www.coupar-angus.org)