



CANdo

Coupar Angus Magazine

Issue 4

December 2010

Hope your Christmas is a
cracker!

Wishing you health & happiness
for 2011

from the team at

CANdo



Kettins & Meigle Taekwondo Club

a family friendly club where all ages and fitness levels are welcome

**We offer an exciting martial arts programme
designed specifically for children aged 4 to 6.**

Enrol now for classes starting in January. Spaces limited.

Tuesdays from 4.15-4.45 p.m. Kettins Church Hall *NEW CLASS!*

Thursdays from 6.45-7.15 p.m. Kinloch Memorial Hall, Meigle



*TINY TIGER OATH
To be a good person:
knowledge in the mind,
honesty in the heart,
strength in the body,
to make good friends.*

This programme uses safe and fun instruction methods to offer young children a strong foundation in essential qualities such as courtesy, respect, and discipline. In addition, the programme is designed to improve children's motor skills and enhance their ability to pay attention and follow directions.

For older children, youths and adults we offer:

*Forms
Board Breaking
Sparring
General Fitness
Self Defence
Weapons*



*Kettins classes are
only a 5 minute drive
from Coupar Angus!*

For further information, please tel. the instructor, Rev. Nicola R. Frail, 4th degree black belt at 01828 640074. Check us out online at www.songahmscotland.com

For more information on Songahm Taekwondo go to www.ataonline.com



After the success of the Big Bang in the Park on 5th November, we now have a covering of snow to remind us that Christmas is just round the corner.

Blast Design put on a fantastic show of fireworks on Guy Fawkes night. The show was enjoyed by young and old and the dry, still night made for perfect conditions. A good turnout added to the atmosphere. Thanks to John and his team for a great night - can't wait till next year!

The Christmas Fayre raised much needed funds for the Illuminators and their efforts are now lit for all to see.

So cheer up, a foot of snow on the ground in November - it's going to be a long winter!

Merry Christmas!!!!!!!



Coupar Angus Pride of Place!

Pride of Place 2010 Review

As this year draws to a close PoP takes a look back at 2010

- January** Community Waste Awareness Grant application submitted for grant to supply residents with Eco Cotton Shoppers.
Draft plan for Blair Bend received from Landscape Architect.
- February** Planning Meeting with School for projects
Fund Raising Family Ceilidh.
- March** Community Waste Awareness Grant of £3250 awarded.
Planting of 25 fruit trees at Larghan Park orchard.
- April** Greener Coupar Angus Exhibition at CAD Heritage Centre.
First Community Litter Pick as part of National Spring Clean month.
Supported School Litter Pick.
Plug Plants for summer display received.
- May** Pride of Place Annual General Meeting.
Cotton Bags distributed throughout community.
Fund raising Plant Sale.
Fund raising Charity Shop.
Fund raising at PKC Biodiversity Day.
Plant sale at school coffee afternoon.
Summer floral displays – planting up our hanging baskets.

- June** Summer floral colour – hanging baskets, mangers and containers put on display.
Bug hotel constructed at Coupar Angus primary school.
Entry form submitted for Take a Pride in Perthshire competition.
- July** Take a Pride in Perthshire competition judging preparations.
- August** New planters donated to school to enhance Green Flag location.
Take a Pride in Perthshire competition judging.
Grant application submitted to Green Insurance Company Grimple Grants for proposed polytunnel.
- September** Take a Pride in Perthshire competition – Awarded Gold Medal and Best in Category for Country Town and also joint winner of best group working with local school.
Meeting with Countryside Ranger to discuss Community management of Larghan Park Wild flower meadow.
Summer floral displays taken in.
- October** Winter/Spring displays planted.
Plant in the Park event - community daffodil planting at Larghan Park.
- November** Plants ordered for next year's summer floral displays.
Fund Raising Ceilidh.
Grimple Green Grant of £1800 awarded for polytunnel project.
- December** Resting....we wish!! Planning and sourcing funding for the coming year!

The Pride of Place Group wishes to thank all Friends and supporters who helped make 2010 an outstandingly successful year for our Community.

Should anyone wish to get involved in the PoP Group please contact Jill at CART on 628569 who will put you in touch with the Group. The Group are always looking for people to help with fund raising, planning and hands-on projects.

Coupar Angus Library

Are you a member of the library? Did you know that you can join the library free of charge, and, from any age. We offer a large selection of books, also large print and audio books. and if we don't have the book you wish to read, just ask, as we may be able to get it delivered to Coupar Angus from another library.

We have a selection of CDs, and DVDs, both junior and adult, to hire on a weekly basis.

We have two computers available for public use, so if you want to trace your family tree come along as you can access ancestry.co.uk free of charge. Struggling with your homework, you can now access the Encyclopaedia Britannica Online Library Edition which is free to library members and can be used at home or in the library.

The ever popular Rhymetime sessions, for babies, toddlers and their families are on the last Thursday of each month at 10.30am, no need to book just come along.

So why not pop in and have a look around at our well stocked selections.

Are you, or do you know, someone who loves to read or listen to books but is unable to come to the library. Well, the books on wheels delivery service could be what you are looking for. Whatever your interests we will choose resources to suit you. You can request books by your favourite author or specific titles. For more information contact Coupar Angus Library or phone AK Bell library on Perth 01738 477032.

Opening hours are

Monday	10-12
Tuesday	10-12 and 3-7
Wednesday	closed
Thursday	3-7
Friday	closed
Saturday	9.30-12.30

Shona Smith

Library Assistant

Telephone 01828 627090



Forward Coupar Angus is born – Members & Directors Needed

Since October last year we have held a series of public meetings to find out if there is a demand for a Development Trust for Coupar Angus. The response has been very positive, and in August this year we agreed that we should proceed to become a fully-fledged development trust for Coupar Angus. We have now taken the first step by registering Forward Coupar Angus Ltd. at Companies House as a Company Limited by Guarantee and will soon be requesting registration as a Scottish Charity.

A development trust is a company owned and run by the community. It is not a political organisation, but works alongside existing political structures such as town or community councils and other non-political organisations in the town.

The idea behind a development trust is to give local people the power to improve the area. For example a development trust can help to establish community centres, provide better opportunities for sports and leisure activities, or it can help provide social housing or run community cafés or help to set up new businesses, and much more besides.

Our constitution is fully compatible with the Community Right To Buy legislation, under which a development trust may register an interest in a piece of land or property with a view to bringing it into community ownership. If that land or property comes up for sale, and there is sufficient community support for that particular purchase, then the community is given first chance to buy the property, including the time to raise the purchase price.

In a development trust it is the ‘Ordinary Members’ that control the company. Every member of the “Community”, as defined by the list of postcodes below, who is over 18 can become an Ordinary Member, able to vote for their choice of directors, or even to stand for election to the board of directors. Those aged between 12 and 17 can become ‘Junior Members’, and may attend and contribute to general meetings. However for legal reasons they cannot vote or become directors.

We need you to become a Member
Over the next couple of months we need as many people as possible to become Members. This will give us the necessary democratic

Forward Coupar Angus is born – Members & Directors Needed CONTINUED

foundations to truly represent the views of the community. You will shortly receive an application form through your door. The cost for Ordinary Members is £1 for lifetime membership, and free for Junior Members.

Do you want to be a Director too?

On Tuesday 18 January 2011 (7.30pm at the Town Hall) we will hold a public meeting to tell you more about the company, and how you can be part of it. At that meeting we will also provide information about the elections for the first Board of Directors, which will take place in February (date to be confirmed). This is an exciting opportunity for people who feel they have the commitment and enthusiasm to take a leadership role in the organisation. Good leadership means listening to people, and helping them to achieve their goals – for themselves and for the community. Remember, you can only stand for election to the Board of Directors if you are an Ordinary Member.

If you would like more information about becoming a Member of Forward Coupar Angus, or standing for election to the Board of Directors,

please contact me, Michael Gallagher, at Forward Coupar Angus on 01828 627124 or email me at mpgallagher@btconnect.com.

Definition of the “Community” – The “Community” includes the following postcodes: PH13 9AA, PH13 9AB, PH13 9AD, PH13 9AE, PH13 9AG, PH13 9AH, PH13 9AL, PH13 9AN, PH13 9AP, PH13 9AQ, PH13 9AR, PH13 9AS, PH13 9AT, PH13 9AU, PH13 9AX, PH13 9AY, PH13 9AZ, PH13 9BA, PH13 9BB, PH13 9BD, PH13 9BE, PH13 9BF, PH13 9BG, PH13 9BH, PH13 9BJ, PH13 9BL, PH13 9BN, PH13 9BP, PH13 9BQ, PH13 9BS, PH13 9BT, PH13 9BU, PH13 9BW, PH13 9BX, PH13 9BY, PH13 9BZ, PH13 9DA, PH13 9DB, PH13 9DD, PH13 9DE, PH13 9DG, PH13 9DH, PH13 9DJ, PH13 9DL, PH13 9DN, PH13 9DP, PH13 9DQ, PH13 9DR, PH13 9DS, PH13 9DT, PH13 9DU, PH13 9DW, PH13 9DX, PH13 9DY, PH13 9EA, PH13 9EB, PH13 9ED, PH13 9EE, PH13 9EF, PH13 9EG, PH13 9EH, PH13 9EL, PH13 9EN, PH13 9EP, PH13 9EQ, PH13 9ER, PH13 9ES, PH13 9EW, PH13 9FE, PH13 9HD, PH13 9HE, PH13 9HF, PH13 9LS, PH13 9LY, PH13 9LZ, PH13 9NA, PH13 9RA



Guide Dogs

Guide Dogs Could Change Your Life Do you, or does someone you know, have sight loss that makes it difficult to get around independently or live life to the full?

A guide dog could make a life-changing difference. Did you Know....? A guide dog can offer a unique, safe and effective way of getting about independently and confidently You don't need to have lost all your sight. Most people who own a guide dog still have some vision. You don't have to be formally registered as blind or partially-sighted either. There is no upper age limit. People in their seventies, eighties and even nineties become successful guide dog owners It costs just 50p to have a guide dog. All essential equipment and training is provided by Guide Dogs, and we can also cover the cost of vet bills and dog food if people wish. No previous experience of keeping a dog is necessary. Providing you are committed and able enough to work with, support and care for a guide dog then our training will teach you all you need to know. It's not just about improving mobility.

A guide dog and its owner exist as a partnership, and the companionship, loyalty and fun that each partner brings to this relationship can be immensely rewarding. Simply give us a call on 0845 372 7499 and we will arrange to come and talk to you, informally and confidentially, to help you decide if a guide dog might be suitable for you. Our staff understand how severely people's independence can be affected by sight loss, and they can explore the best way of meeting your specific need.

There is nothing to lose and potentially much to gain by exploring all the options - so get in touch! Name Mrs Pamela Munro BSc (Hons) Title Information Officer for Scotland Tel 07799342604 The Guide Dogs for the Blind Association Dean Way Orchardbank Business Park Forfar DD8 1WG website: www.guidedogs.org.uk

Guide Dogs is a working name of The Guide Dogs for the Blind Association. Registered Office: Hillfields, Burghfield Common, Reading, Berkshire, RG& 3YG. A company limited by guarantee registered in England and Wales (291646) and a charity registered in England and Wales (209617) and Scotland (SC038979



ILLUMINATORS



The committee would like to thank everyone who came to their Christmas Fayre on Sat. November 20th. We raised over £400. Thank you to all who had tables, I hope you all made lots of money. Thanks to all who helped us as well, it was very much appreciated. Wasn't Santa and his "little" elves marvellous, they brought a smile to all our faces. I think next year Santa should just come and visit the Grannies and Aunties as most of the children in Coupar Angus don't want to come and see him. He was very disappointed at not seeing many children.

On Sunday Bob and his band of helpers put up the Christmas lights. We had hoped to have the Trees as well to put up as the people were there to do it. Lets hope they arrive soon and we can then get the lights on them ready for the switch on, on Friday 3rd December at 6.30pm.

We have tried to put up as many lights as possible but we are restricted as there is the scaffolding at the chemist's and we are not allowed to put any up on the old Coop building. Perthshire Housing will not allow it, therefore no overhang in George St. Let's hope that after all the regenerating of Coupar Angus is finished the Community can persuade some of the owners of the buildings to let us put up Christmas Lights. After all we want our little town to look bright all the year round

J G MIDDLETON

ACCOUNTING MANAGEMENT
AND OFFICE SERVICES

Coupar Angus Business Centre
The Cross, Coupar Angus PH13 9DA
Tel. (01828) 628638 Fax: (01828) 628826

Your friendly, local Accountancy
Service

for
Financial, Taxation & Accountancy
Support

For: Book-Keeping, VAT & Payroll.
Document preparation & CV's, Typing,
Photocopying,
Faxes & Stationery

Sage Accountants Club Member



Partners:

J.G. Middleton G.H. Judd D.M. Judd C.V. Rose

Coupar Angus & District Heritage Centre

8 George Street
Coupar Angus
01828 626244

Open
Tues & Wed 2-4pm
Thurs & Fri 11am-1pm
Sat 10.30am-2pm

Admission
Free



Displays of

Local Area Pictures and Information
Artefacts Maps Books

email: info@couparangusheritage.co.uk

Coupar Angus Adult Education Classes

The classes are suitable for all abilities and run for 10 weeks, the price is £30 for each class.

- 1) TAI CHI - STARTS MONDAY 17TH JAN 2011 IN COUPAR ANGUS PRIMARY SCHOOL HALL 7 - 8.30PM
Gentle and calming exercise - wear loose clothing and soft flexible shoes.

- 2) YOGA - STARTS TUESDAY 18TH JAN 2011 UPSTAIRS IN COUPAR ANGUS TOWN HALL 7 -8.30PM
Toning exercises and relaxation - the perfect start to the new year.

- 3) AFTERNOON ART CLASS - STARTS 20TH JAN 2011 IN THE GUIDE HUT, SCHOOL ROAD, COUPAR ANGUS 1.30 - 3.30PM
Informal leisure class suitable for all budding artists.

- 4) SCOTTISH COUNTRY DANCING - STARTS 20TH JAN 2011 IN COUPAR ANGUS PRIMARY SCHOOL 7 - 9PM
A general dance class - a brilliant and fun way to keep fit and suitable for beginners, intermediate and advanced.

Enrolment forms will be available at the Post Office and library from early January or Tel: Elaine McKinlay 01828 627040 if you would like more information on any of the classes or to book your place.

Please support your local classes.



Coupar Angus & District Heritage Association

The monthly meeting on Friday 12th November started badly when the speaker failed to appear but Joe Richards rescued the evening when he conducted a session based on the Blair Blethers format. With the support of his brother Jimmy, the publications and organisation of the D C Thomson business provided sufficient material to fill the evening. Joe had also brought along a number of comics and books which were passed around those attending the meeting as examples of the Dundee company's output.

The December meeting to be held on Friday 3rd in the Bowling Club, Forfar Road starts at 7.30pm and all are welcome to attend. The speaker Peter Morris has as his topic 'In search of Coupar Angus Abbey'. Many local residents and visitors to the town seek information from the Association as to the extent of the Cistercian Abbey grounds in Coupar Angus. Peter has done extensive work to come up with some of the answers.

Admission to the meeting is free to members and visitors pay £2 which includes refreshments at the close of the meeting. Non-members should consider taking out membership of the Heritage Association as the annual fee is only £5 and covers free entry to all the meetings.

The January event on Friday 14th is the dinner at the Red House which is for members and friends. Sheila Legge is the one to contact to book a place.

The Association is keen to have photographs of Girl Guide activities to prepare a display to accompany the talk to be given by Christian Hill on '100 years of Girl Guides' at the Bowling Club on Friday 4th February. Copies of original photos can be made if necessary.



Do you recognise any of the Guides in this old photograph which has been handed in to the Heritage Centre?

Elevator Potato Digger

The elevator digger which is now on display at the Vion Food Group premises in George Street is one that has local history. It was constructed by L O Tractors in 1946 and is the model which replaced the spinner potato diggers. The one on display was purchased by the Association in 2009 and has been renovated by members and painted in the original colour of John Deere green. A display board is being prepared and will be erected alongside the machine.

The Heritage is indebted to the Vion Group for allowing the siting of the digger in the area occupied in the past by L O Tractors.

MONDAY 6th, 13th, 20th

* **Exercise Class with Sophie** 12noon – 1pm, Town Hall, £3.00/session (inc tea/coffee) **NOT on 20th**

* St Anne's Church **Parent & Toddler Group**, 1-3pm Tea/coffee & children's snacks, £1/family

TUESDAY 7th, 14th, 21st

* **Youth drop-in Session** – for Secondary School Pupils from 5-8pm in the YW Hall, Union Street

WEDNESDAY 1st, 8th, 15th, 22nd

* **Tea Dance** in the Town Hall, 1.30-3.30pm, £2 admission, £1 raffle. Music by Accordionist Dave Jenkins Contact Mrs Blyth 01250 872074 **NOT on 22nd**

* **Karate Sessions** in the Town Hall, 6.30pm-8pm £3.50/session **NOT ON 1st**

* **Ceilidh Dance Classes** led by Alan & Tracy Thom in St Anne's Church Hall @ 7pm - all welcome - for more details - ring John on 01828 627547

* **Youth drop-in Sessions** for Primary 5 – 7 pupils 6pm – 7.30pm, At the YW Hall, Union Street **NOT on 22nd**

THURSDAY 2nd, 9th, 16th

* **Exercise Class with Sophie** 12.30-1.15pm in the Town Hall, **NOT on 9th**

* **Line Dancing**, Coupar Angus Town Hall, Thursdays 7.30-8.30pm **NOT on 16th**

* **ZUMBA** – 10-11am in the Town Hall, dance fitness programme, just follow the teacher! £3/session

FRIDAY 3rd, 10th, 17th

* **Relax Art & Craft Group** 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session.

* St Anne's Church **Parent & Toddler Group**, 10-12noon Tea/coffee & children's snacks, £1/family

Other Events and Activities**WEDNESDAY 1st**

SNP Branch Meeting 7.30pm in the Heritage Rooms, George Street

FRIDAY 3rd

* **Switching on of the Christmas Lights** with Local celebrities pressing their buzzers! See main article.

* **Coupar Angus & District Heritage Association Talk** at 7.30pm at Strathmore Bowling Club, Forfar Road, Coupar Angus. Speaker Peter Morris, In search of Coupar Angus Abbey

* **Coupar Angus Country & Western Music Club** Evening, at the Red House Hotel, Coupar Angus from 8pm onwards. Music by Texas Express.

MONDAY 6th

* **New Age Kurling** in the Town Hall, 2-4pm. £1.50 entry, Refreshments served. Contact Anne Campbell 01828 627587

TUESDAY 7th

* **Coupar Angus Seniors Care Group Meeting** 2pm in St. Anne's Church Hall, Forfar Road.

* **STARS Drama Group** for ages 5-10 years, Town Hall, 4-5pm, Just come along.

* **St. Anne's Church Ecumenical Christmas Lunch Club** from 12.30pm. Please bring a raffle prize £2.00/person

WEDNESDAY 8th

Over 60's Day Out to Dobbies, Monifieth, leaving the Town Hall at 12.30pm. If you would like to join us call Tom on 628342 or Michael on 627124 to book a seat.

SATURDAY 11th

* **ZUMBA** – 10.00am in the Town Hall. A Latin & International inspired dance fitness programme, just follow the teacher. £3/session

MONDAY 13th

* **SNP Bingo** starts again this month, 7.30pm eyes down, in the Town Hall

TUESDAY 14th

* **STARS Drama Group** for ages 5-10 years, Town Hall, 4-5pm, Just come along.

* **Little Fishes and Parent & Toddler Christmas Party**, on Tuesday 14th December afternoon 1.30pm to 3pm. Visit from Father Christmas!! In St Anne's Church Hall. Everyone welcome to come along

THURSDAY 16th

* **Thursday Friends Christmas Meal** at the Red House Hotel (for ticket holders) 2.00pm.

FRIDAY 17th

* **ZUMBA** – 7.30pm in the Town Hall, dance fitness programme, just follow the teacher! £3/session

MONDAY 20th

* **ZUMBA** – 7.30pm in the Town Hall, dance fitness programme, just follow the teacher! £3/session

MONDAY 10th, 17th, 24th, 31st

* **Exercise Class with Sophie** 12noon – 1pm, Town Hall, £3.00/session (inc tea/coffee)

* St Anne's Church **Parent & Toddler Group**, 1-3pm Tea/coffee & children's snacks, £1/family

* **New Age Kurling** in the Town Hall, 2-4pm. £1.50 entry, Refreshments served. Contact Anne Campbell 01828 627587

* **Tai Chi Class**** as part of CA Adult Education Class 7pm-8.30pm in Coupar Angus Primary School. **NOT on 10th**

* **ZUMBA** – 7.30pm in the Town Hall, dance fitness programme, just follow the teacher! £3/session **NOT ON 10th**

TUESDAY 11th, 18th, 25th

* **Youth drop-in Session** – for Secondary School Pupils from 5-8pm in the YW Hall, Union Street

* **Yoga Class**** as part of CA Adult Education Class. 7pm-8.30pm in the Town Hall. **From 18th onwards**

* **Little Fishes** is on Tuesday 18th January 10.15am to 11.30am in St Anne's Hall

WEDNESDAY 5th, 12th, 19th, 26th

* **Tea Dance** in the Town Hall, 1.30-3.30pm, £2 admission and £1 for a raffle.

Music by Accordionist Dave Jenkins Contact Mrs Blyth 01250 872074

* **Karate Sessions** with Ally Whytock in the Town Hall, 6.30pm-8pm £3.50/session

* **Ceilidh Dance Classes** led by Alan & Tracy Thom in St Anne's Church Hall @ 7pm - all welcome - for more details - ring John on 01828 627547

* **Youth drop-in Sessions** for Primary 5 - 7 Pupils 6pm – 7.30pm at the YW Hall, Union Street

THURSDAY 6th, 13th, 20th, 27th

* **Exercise Class with Sophie** 12.30-1.15pm in the Town Hall, all welcome just turn up! **NOT on 6th**

* **Line Dancing**, Coupar Angus Town Hall, Thursdays 7.30-8.30pm Just turn up on the day. **NOT on 6th**

* **Afternoon Art Classes****, as part of CA Adult Education Classes, 1.30-3.30pm in the Guide Hall, **Starts 20th**

* **Scottish Country Dancing****, as part of CA Adult Education Classes, 7.00-9.00pm at *Coupar Angus Primary School Hall*. **Starts 20th**

* **ZUMBA** – 10-11am in the Town Hall, dance fitness programme, just follow the teacher! £3/session **NOT on 6th**

FRIDAY 7th, 14th, 21st, 28th

* **Relax Art & Craft Group** 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session.

* **ZUMBA** – 7.30pm-8.30pm in the Town Hall, dance fitness programme, just follow the teacher! £3/session **NOT on 7th**

JANUARY**Other Events and Activities****SUNDAY 9th**

Volunteers need to take down the Christmas Lights please. Meet at the Cross at 9am. Thank you for your help, the Coupar Angus Illuminators.

MONDAY 10th

* **CA, A & B Community Council Meeting** in the Town Hall at 7pm

* **SNP Bingo** starts again this month, 7.30pm eyes down, in the Town Hall

TUESDAY 11th

* **St. Anne's Church Ecumenical Lunch Club** from 12.30pm. Soup and a roll, cheese toastie and tea/coffee £2.00/person

* **Coupar Angus Seniors Care Group Meeting** 2pm in St. Anne's Church Hall, Forfar Road.

WEDNESDAY 12th

Over 60's Day Out, leaving the Town Hall at 12.30pm. If you would like to join us call Tom on 628342 or Michael on 627124 to book your seat and for details.

THURSDAY 13th

* **Thursday Friends – Burns Supper** in the Town Hall 2.00pm. We would be pleased to see everyone then!

* **The Coupar Angus Charity Shop** will host an authentic Christmas experience from Monday 13th December to Friday 17th December daily from 10.00am to 4.00pm. Organised by St Anne's Church

FRIDAY 14th

* **Coupar Angus & District Heritage Association Members and Friends Dinner** at the Red House Hotel, Coupar Angus.

* **Coupar Angus Country & Western Music Club** Evening, at the Red House Hotel, Coupar Angus from 8pm onwards.

TUESDAY 18th

* **Little Fishes**, stories and music for the under 5's in St Anne's Church Hall 10.15-11.30am

SATURDAY 22nd

COFFEE MORNING 10am – noon, Homebaking, nice cuppa and a chat! Proceeds to the Mid Strathmore branch of the SNP

SUNDAY 21st

Volunteers wanted to help put up the Christmas Lights. Please meet at the Cross at 9am.

TUESDAY 25th

St. Anne's Church Ecumenical Lunch Club from 12.30pm. Soup and a roll, cheese toastie and tea/coffee £2.00/person

THURSDAY 27th

Bookbug Rhymetime in the Library in the Town Hall, Coupar Angus 10.30-11am. Free story, song and Rhyme sessions for babies & toddler

**Coupar Angus Adult Education Classes should be booked in advance by contacting Elaine McKinlay on 01828 627040. 10 weeks prepaid at £30 or £28 Concession.

Recipe

CHICKEN AND TARRAGON

This recipe is the second one from the Restaurant in McEwens of Perth and is one of their specialities. This particular main course is delicious when served on a bed of rice.

Serves 4.

A knob of butter.

1 onion, chopped.

200gr./7oz. mushrooms, sliced.

100ml./4fl.oz. white wine.

¼ chicken stock cube.

¼ teaspoon garlic purée.

¼ teaspoon dried tarragon.

500ml./1 pint single cream.

Dusting of plain flour.

4 cooked chicken breasts.

Method

Melt butter in a pan, add onions and cook until soft.

Add mushrooms, garlic, chicken stock cube, wine and tarragon and cook until wine is reduced.

Add a little flour to soak up any liquid – this will thicken the sauce.

Then add cream.

Add cooked chicken, (either whole breasts or chopped).

Serve on a bed of rice.

Minutes of Council meeting

Minutes of the meeting, held on 01.11.2010 in Council Chambers, Coupar Angus Town Hall.

PRESENT: Ann Campbell, Chair.
Michael Gallagher, Vice-Chair
Jo Kettles, Secretary. David Carson.

ABSENT: - John Middleton, Treasurer.
Ed Adam.

IN ATTENDANCE: - Bob Curron.
Cllr. D. Melloy. P.C. Burgess.

CO-OPT MEMBER: - Chair introduced and welcomed to the table newly co-opted member, Bob Curron.

CLLR DENNIS MELLOY requested that he presented his report first, urgency for another meeting. Granted.

CLLR'S REPORT: - Receiving complaints re. lack of car parking. It has been suggested a variation on 'Park & Ride' scheme, this idea is being investigated. Big concern over cycles without lights, not just children, adults also, and they should be setting an example. Cllr. reported same to the Police.

AT THIS POINT, Mrs Smeaton (hall keeper) entered chambers to inform all that a large tree in the grounds had snapped with the wind. Police & Cllr. checked and furnished her with an emergency number.

MEETING RESUMED. Cllr. reported service plate at Queen Street lights, Apedaile Way drainage problem, both in hand. Will report again street light in Commercial Street. Cllr. Melloy advised table of 'Pre Application Consultation' leaflet. The

Development Control objectives of the service, example, to simplify the submission of planning application; need for planning permission and much more. For more information, customer advisers are available at Pullar House, contact 01738 475313/475315. To fully understand what is being offered, this leaflet is a must.

Cllr. informed the table that unfortunately he is unable to lay the wreath at the Memorial Service. Will ask citizen of the Year to lay P&K Council wreath. Finally Cllr. was shown a letter from Mr Cumming, Bendochy, wishing to remain part of this community council. Cllr. Melloy requested we send a copy of this letter to B Lackie, P&K Council.

Thereafter Cllr. Melloy left the meeting.

CHAIRPERSON invited P.C. Burgess to present her report next.

POLICE REPORT: - Copper is at it's highest price yet. Rogues targeting building sites etc. Please watch out for anyone acting suspiciously, lead is also being stolen, keep extra watch over empty property. Cannabis farm detected locally. Not a lot of troubles this last month, most of which has already been detected. Hare coursing in our area. Any walkers seeing evidence please contact police.

P.C. Burgess requests we remind all, that dark nights mean, longer time for stealing, (break-ins). Please be vigilant. Make sure all ladders/garden

Minutes of Council meeting CONTINUED

implements etc., are safely locked away.

Bogus workmen on the rounds again, posing as Gas/Electric/Water board workers. Also someone selling mattresses. PLEASE DO NOT LET THEM IN. PICK UP THE PHONE AND CALL THE POLICE.

Thereafter P.C. Burgess left the meeting.

ADOPTION OF MINUTES: -
Correction to 'Michael Gallagher chair of A.S.C.C.' Should read "Chair of Assoc of P&K CC's." There after deemed to be correct. Proposed by Michael Gallagher; Seconded by David Carson.

MATTERS RISING: -
REMEMBRANCE SUNDAY,
Secretary to contact Pipe Major Douglas for final arrangements.

BENDOCHY phone box; Upon arrival, insurance for same, £25.00 not £22.00 as previously believed. Agreed.

FOOTPATH Strathmore Ave. – George Street. Will contact for update.

TEMPORARY PROHIBITION OF DRIVING, Townhead/Princeland Road.

In order to permit footpath and carriageway construction works, on the above section of roads, to be effective from 6th December 2010 for a period of 3 weeks. Pedestrian and vehicular access to premises will be maintained. Community Council knew nothing about this until 08.11.2010.

(TODAY). Secretary will contact Perth & Kinross Council.

DECEMBER MEETING, apologies from both Chair and Vice-Chair, they are unable to attend the December meeting, agreed to cancel the meeting. Secretary will keep all members informed of anything of importance.

TREASURER'S REPORT: - None - Treasurer absent.

PLANNING: - Townhead house extension.

Units and 1 house, West of Waukmill. (adjacent to Brodie's Yard).

CORRESPONDENCE :-
1) Now up to date with past minutes.

2) Community Council Data Protection renewal.

3) Renewal Annual Insurance. (This will be displayed in Library)

Letter from Mr S Cumming, Secretary to send copy to P&K.

LOCAL DEVELOPMENT PLAN: -
Main Issues, workshops. Michael Gallagher/David Carson, hope to attend.

A. O. C. B. Useage of Town Crest. Application must be renewed each year.

Secretary to contact users.

CHAIRMAN CLOSED MEETING.

NEXT MEETING 7.00pm 10.01.2011,
COUNCIL CHAMBER, COUPAR
ANGUS TOWN HALL.

Can you help?

The Heritage Centre, in the past twelve months, welcomed visitors from exotic places such as Germany, United States, New Zealand, Stockholm, Kirriemuir, Minnesota, Hull, Peterculter, Canberra, Dublin, and many other places.

It has been pointed out that the following:-

India, Thurso, Arctic, Russia, Genoa,
Datong, Pisa, etc.,

also has some connection. But what is it ?

If you can help, put your explanation in a sealed envelope with your name and address, to 8 George Street and £5 will be your reward unless there is more than one with an acceptable answer. In that case names will be put in a hat and a draw will be made to determine who will receive the reward.

The closing date 10th January 2011.



NATIONAL FESTIVE SAFETY DRINK / DRUG DRIVING CAMPAIGN 2010

This will run for four weeks from 0700 hours on Monday 6th December 2010 until 0700 hours on Monday 3rd January 2011.

The overarching objective is to reduce the number of collisions and personal injuries by reducing the number of drivers engaged in drink / drug driving and, in appropriate circumstances, to seek forfeiture of vehicles from repeat drink / drug drive offenders.

Other offences linked to the primary causes of injury collisions, namely speeding / inappropriate speed, distraction type behaviour including the illegal use of mobile phones and also the failure to wear seat belts will also be targeted throughout this Campaign and on an ongoing basis.

AFTER DARK PREVENTION CAMPAIGN

Tayside Police are urging members of the public to heed home security and crime prevention advice given as part of the `Operation After Dark` Campaign. This campaign is an annual operation run by Tayside Police and is aimed at promoting home security and allowing people to feel safe in their own homes during the long winter nights. Unfortunately due to the opportunist thief the numbers of break-ins increase during the darker nights and we are hoping home owners will take every step possible to reduce their chances of becoming a victim of crime, by following the crime prevention steps promoted through Operation After Dark.

After Dark Tips

- Leave a light on and set timer switches to make your house look occupied
- It is important to try and give the impression that your home is occupied, when you are out

- Ensure all garden sheds, garages and outhouses are secure and that all garden tools and ladders are locked away
- Fit or check external lights
- Set blinds and curtains to deter `window shopping`
- Make sure that all doors and windows are closed and locked when you go out
- If you have an alarm, use it

We would ask residents to be good neighbours and to look out for others living around them, particularly the elderly and the more vulnerable in the community. Ask them if they need any help to make their homes safer and check their welfare with the colder weather

Anyone who sees any suspicious activity in their community, or who has information that could assist officers with any enquiries, should get in touch with

Tayside Police on 0300 111 2222.

If an emergency call 999

Crime Stoppers – Telephone 0800 555 111

The crime stoppers telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if you have information relating to any criminal activity. It is your information they are after not your details and everything is confidential so please tell us about crime and we will do something about it so please speak up.

Christmas Scam – Beware!

Can you circulate this around especially as Xmas is fast approaching - it has been confirmed by Royal Mail. The Trading Standards Office are making people aware of the following scam:

A card is posted through your door from a company called PDS (Parcel Delivery Service) suggesting that they were unable to deliver a parcel and that you need to contact them on 0906 6611911 (a Premium rate number).

DO NOT call this number, as this is a mail scam originating from Belize.

If you call the number and you start to hear a recorded message you will already have been billed £315 for the phone call.

If you do receive a card with these details, then please contact Royal Mail Fraud on **020 7239 6655**.

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thursday	6.30am-7pm
friday	6.30am-5pm
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What could you do with an extra £50 this Christmas?

Every month, Scottish families are throwing away an average of £50 worth of good food and drink. That's a lot of turkey, trimmings and treats at Christmas!

Making the most of our food and saving money this Christmas doesn't mean cutting down on the indulgence and fun. Zero Waste Scotland has some tips that can help.



Christmas Tips

- Extra milk and bread to keep in the freezer for use over the festive period.
- Put a mixture of bread rolls, muffins and cakes in the freezer, they will defrost in no time and are a hassle free treat for unexpected visitors.

Lovely Leftovers

- Reinvent leftovers, get recipe ideas from www.wasteawarelovefood.org.uk.
- There aren't many festive foods that can't be frozen for later.
- Cheeses such as stilton and cheddar, are perfect for freezing.

New Year Tips

- Write a shopping list – keep it handy, when you use the last of something, write it down.
- Weekly menus – planning meals and shopping for them in advance.
- Free lunch – use last night's leftovers for a packed lunch at work.
- Make a date – you can eat or freeze foods right up to the end of the use by date; best before dates are for quality, you can eat foods after this date they just may no longer be at their best.

You can get more information about saving money from your food bill at Christmas by visiting www.wasteawarelovefood.org.uk.

The Cross

New parking controls in Coupar Angus.

With the completion of the environmental improvements at the Cross, new controls on parking in the area come into force.

Several streets have new double yellow line waiting restrictions on them. As the centre of Coupar Angus is a conservation area narrow lines in primrose yellow paint have been used. These lines are designed to be less visually intrusive than the standard lines but they are still legally enforceable and have exactly the same meaning as standard double yellow lines.

No parking is permitted on double yellow lines although vehicles can stop to load and offload goods provided they do not obstruct other traffic whilst doing so.

Blue Badge holders are permitted to park on double yellow lines without any limit on the time they stay but once again only provided they do not obstruct the passage of other vehicles.

The High Street area is now a pedestrianised zone. This means that all general traffic is prohibited and there is no parking within the area. However, vehicles are allowed to enter the zone at any time to load or offload or to take access to private land off the Cross.

A vehicle carrying a Blue Badge holder is allowed to enter the pedestrianised zone to the south of the Cross to drop the badge holder off but the vehicle may not be parked within the zone. The vehicle must be removed from the zone but may return after a period of time to collect the Blue Badge holder.

The Zebra Crossing has white zig-zag lines on the approaches. As with all such markings these mean no stopping at any time and the lines are enforceable by the Police.

Behind the zig-zag lines, outside the chemists shop in Union Street, a disabled bay for two cars has been created. Blue Badge holders may park in this bay at any time without a limit on how long they may stay.

An additional disabled bay has been created in George Square.

Only buses are allowed to stop within the yellow bus box markings in George Street. However, for the stop heading towards Perth, where the stop is on a kerbed buildout, parking is still permitted between the bus box and the kerb.

The proposal to introduce One-way traffic flows on Athole Street, Stable Wynd and Commercial Street has been deferred to allow monitoring of traffic movements to take place

The demand and use of car parking space by the community and businesses will continue to be monitored.

Use Of Space

The space has been created at the Cross is to allow It to be more easily occupied and used by the community and businesses. A number of businesses have already asked about whether they can put tables and chairs out for use by their customers which will be acceptable providing pedestrian access and access to premises is maintained, and it is a well defined area with suitable furniture. Permission from the Council as planning and roads authority is required to

authorise the use and make sure any occupation is safe and well maintained. Additional permission may also be required from the licensing authority.

It is also hoped that the community will make as much use of the space as possible for events and markets. Permissions are required from the Council as roads authority to allow the space to be occupied for events and markets and make sure alternative traffic management measures can be put in place if required. Licenses will also be required.

The Coupar Angus Illuminators group are powering ahead with their 2010

Christmas celebration plans in the newly refurbished High Street in Coupar Angus. The new town centre layout allows gazebos for the Coupar Angus Primary School Choir and other activities to be set up. A Christmas Tree will stand in the High Street, greeting commuters passing along Burnside Road.

On Friday 3rd December from 6pm, a torchlight parade by young residents will accompany Santa and the Coupar Angus Pipe Band from the Town Hall to join festivities as Postcode Challenge winners switch on the lights. The popular £80 raffle will raise funds for future displays. (Sleigh courtesy of the Blairgowrie and Rattray Christmas Lights Group.)

The Horse Fair 2011 will also take advantage of the High Street as a flexible flat venue for their activities. Planning is ongoing, with local groups able to set the area out either as an outdoor museum or a Farmers Market.

One of the first festivals of the year, next year's event is on Saturday 26th March. Various activities will take place in the many halls throughout the town with the community taking part in the Grand Parade connecting the town's activities to the Show on the Common on Forfar Road.

More community events, centred at the High Street venue, are planned for 2011. For further information contact Jill at CART.

Additional Works

Although the space is intended to be used by the community and local businesses, there will be some additional disruption in the area as the remaining improvements to property in the area are completed through the Coupar Angus Townscape Heritage Initiative. The THI is pleased to announce the award of grants to restore the exterior of three listed buildings in the centre of Coupar Angus.

Work has already started to Davidsons Chemist of The Cross, Coupar Angus to restore the early nineteenth century shopfront of this architecturally important C listed building. The repair of the masonry, reinstatement of corner doorway and historic signage is being carried out by main contractor Edington and Neave of Coupar Angus and the project architects are James F Stephens of Glamis.

The same contractor and architect will move on to repair the Georgian shop front of C and W West at 2 George Street and the Marvel Barber Shop at 2 Causewayend. These grants from the THI have been funded by Perth and Kinross Council, The Heritage Lottery Fund, Perth and Kinross Heritage Trust and Coupar Angus Regeneration Trust.

The THI will seek to advise the community on the programme of improvements to other properties in the area when these are confirmed.

ROBERT CLARK
Electrical Contractor
N.I.C.E.I.C. APPROVED

Commercial Street,
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