

CANdo

Coupar Angus Magazine

Issue 2

OCTOBER 2010

Coupar Angus takes Pride of Place!



PoP Group wins gold!

The Changing Face of Coupar Angus



finished...



almost finished...



completion date...?

Bit of a Do

Coupar Angus, Ardler & Bendochy Community Council

Chairperson Ann Campbell welcomed a good representation of the organisations in Coupar Angus to the Community Council's Bit of a Do on Monday 20th September in the Town Hall where citizens of the year Alan and Sheila Legge presented the garden competition winners with their trophies.



Left to right Ryan Dick, Marie Bee, Alan & Sheila Legge, Mrs McGowan and Linda Cameron.

Past citizens of the year were given certificates representing the year they had won as it was felt that they were never given anything to keep.



Left to right : Jenny Ross, Councillor Dennis Malloy, Ann Campbell, Louis Graham, Ruby Henderson, Ronnie McDonald, Mary Gres, Alan & Sheila Legge, Hugh Fraser, Rosie Urquhart, Councillor Alan Grant and Jo Kettles



We would like to thank all who attended and hope you had an enjoyable evening.

"What is the Big Society?"

What does "The Big Society" mean for your organisation?

The government's idea of the "The Big Society" is about transferring power from the state to individuals by allowing communities and voluntary groups to help run services in their local area. Perhaps to run post offices, libraries or transport services; and to give people greater access to government data and the reviewing of local government finance.

What do you think?

Voluntary Action Perthshire will host a discussion on **Friday 22 October 2010**, in **The Gateway, North Methven Street, Perth** with a panel of **MSP's/MP's, local councillors and representatives of voluntary sector organisations**, to discuss the concept of a Big Society, the possible contents of a Scottish Government manifesto for the voluntary sector and the role and value of Carers.

You are invited to submit questions or original ideas on any of these three themes for discussion by the panel. This is your opportunity to air your views to your elected representatives and find out how individuals and voluntary sector organisations could help create a Big Society.

Questions should be submitted before Monday 18th October 2010.

This is a free event.

Come along - listen – ask questions – confer with colleagues

Programme

Friday 22nd October 2010

10.00 until 12.00

Introduction	10.00 – 10.15
Questions to the panel	10.15 – 11.45
Summary & close	11.45 – 12.00

To book a place or for additional information please reply to

Bob Gillespie bgillespie@pkavs.org.uk or Colin Carr ccarr@pkavs.org.uk,

or by telephoning 01738 567076.

Voluntary Action Perthshire,

North Methven Street, Perth, PH1 5PP, Tel. 01738 567076

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J G MIDDLETON

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*Admission
Free*



*Displays of
Local Area Pictures and Information
Artefacts Maps Books
email: info@couparangusheritage.co.uk*

Get Involved in shaping the future of your area

Why?

The Council needs your views on how the future of your area will be shaped in terms of housing supply, provision of business land, the natural and built environment, transport issues, green issues.

Your involvement will help shape the content of the Local Development Plan (LDP) for the Perth & Kinross area.

What?

The Local Development Plan is a land-use planning document that sets out an authority's policies and proposals for the use and development of land in its area.

The Council has prepared a document called a Main Issues Report (MIR) which is published before the LDP. This document shows future development options as well as the Council's preferred option for development and land use in Perth and Kinross. In the preparation of the MIR the Council has been working with local communities, key agencies and others to identify what the main development and land use changes in the Perth & Kinross area.

The publication of the MIR is the vehicle for everyone now to voice their opinion and become effectively involved in shaping the final content of the Local Development Plan. It is not expected that significant new issues will be raised at the Proposed Plan stage and it is therefore **vital that communities and individuals make their views known at this time.**

How?

We would encourage you to get involved in this consultation by coming along to one or more of the events which will be held throughout the Perth & Kinross Council area.

The following drop in sessions which have been arranged within the Eastern Area:

Town	Location	Date	Time
Coupar Angus	Town Hall	Tuesday 12th October 2010	2-8pm
Meigle	Church Hall	Monday 8 th November 2010	2-8pm
Alyth	Town Hall	Tuesday 9 th November 2010	2-8pm
Blairgowrie	St Catherine's Church Hall	Thursday 18 th November 2010	2-6.30pm

For further details and information regarding consultation throughout the Perth & Kinross Council area please go to the Council's website at the following link www.pkc.gov.uk/MainIssuesReport (TBC)

Free Business Training

Through consultation with businesses to determine their business needs, The Inspiring Enterprise project, would like to invite you to take part in their autumn and winter programme of FREE business development and networking events at Perth College UHI.

Workshop Module –
Enhance your use of
the internet
Wednesday 27 October,
2010, 9.30am-4.00pm.

This module covers; call to action, customer journeys through the website including fulfilment of requests for information or bookings. During this section the team with agreement, will show some of the participants' websites to highlight good practice and give some practical tips on increasing conversion rates. This workshop also includes techniques and tools to evaluate the web performance ROI. This will provide a valuable section for implementing change to your own website.

Workshop Module –
Marketing your
website effectively
Thursday 28 October,
2010, 9.30am-4.00pm.

If you are a business who wish to expand their online strategy then this workshop is for you. Marketing and promotion of your website is vital to driving more relevant hits to your site. The workshop will cover e-business best practice, practical tips on how to get your site noticed, engagement in the local destination management, online sales, bookings, and social media tools, up /cross selling. Case studies will be used as part of workshop delivery.

**Contact the Team on 01738 877216 or
01738 877552 for more details and to book.**

Clubs and Classes

MONDAY 4th, 11th, 18th, 25th

* **Youth drop-in Sessions** for Primary School Girls 6pm – 7.30pm and for Secondary School Pupils from 7.30pm – 9pm. At the former YWCA Hall, Union Street

* **Exercise Class with Sophie** 12noon – 1pm, Town Hall, £3.00/session (inc tea/coffee)

* St Anne's Church **Parent & Toddler Group**, 1-3pm Tea/coffee & children's snacks, £1/family

* **New Age Kurling** in the Town Hall, 2-4pm. £1.50 entry, Refreshments served. Contact Anne Campbell 01828 627587

* **Tai Chi Class**** as part of CA Adult Education Class 7pm-8.30pm in Coupar Angus Primary School. NO CLASS ON 11th & 18th

***ZUMBA** – 7.30pm, 8.30pm & 9.30pm in the Town Hall. A Latin & International inspired dance fitness programme, just follow the teacher! £3/session NO class on 11th

TUESDAY 5th, 12th, 19th, 26th

* **STARS Drama Group** for ages 5-10 years, Town Hall, 4-5pm, Just come along.

* **Youth drop-in Session** – for Secondary School Pupils from 6-8pm in the former YWCA Hall, Union Street

Yoga Class* as part of CA Adult Education Class. 7pm-8.30pm in the Town Hall. NO CLASS ON 12th.

WEDNESDAY 6th, 13th, 20th, 27th

* **Tea Dance** in the Town Hall, 1.30-3.30pm, £2 admission and £1 for a raffle.

Music by Accordionist Dave Jenkins Contact Mrs Blyth 01250 872074

* **Karate Sessions** with Ally Whytock in the Town Hall, 6.30pm-8pm £3.50/session

* **Tennis Club Night** from 7pm - 10pm. Members of all abilities are welcome.

* **Ceilidh Dance Classes** led by Alan & Tracy Thom in St Anne's Church Hall @ 7pm - all welcome - for more details - ring John on 01828 627547

THURSDAY 7th, 14th, 21st, 27th

***ZUMBA** – 10-11am in the Town Hall. £3/session A Latin and International inspired dance fitness programme. Just follow the teacher!

* **Exercise Class with Sophie** 12.30-1.15pm in the Town Hall, all welcome just turn up!

* **Line Dancing**, Coupar Angus Town Hall, Thursdays 7.30-8.30pm Just turn up on the day.

* **Afternoon Art Classes****, as part of CA Adult Education Classes, 1.30-3.30pm at *Coupar Angus Primary School Hall*. NO class on 14th & 21st

* **Scottish Country Dancing****, as part of CA Adult Education Classes, 7.00-9.00pm at *Coupar Angus Primary School Hall*. NO class on 14th & 21st

FRIDAY 1st, 8th, 15th, 22nd, 29th

* **Relax Art & Craft Group** 9.15am - 11.15am, upstairs in the Town Hall. £3.00/session.

* St Anne's Church **Parent & Toddler Group**, 10-12noon Tea/coffee & children's snacks, £1/family

***ZUMBA** – 7.30pm in the Town Hall. £3/session NO class on 15th A Latin and International inspired dance fitness programme. Just follow the teacher!

**Coupar Angus Adult Education Classes should be booked in advance by contacting Elaine McKinlay on 01828 627040. 10 weeks prepaid at £30 or £28 Concession.

Other Events and Activities

FRIDAY 1st

National Old People's Day is on the 1st October with an event in Bells Sports Centre Games Room at the back. There will be lots of stalls, info, etc. 10.30am – 3pm. If there is enough interest, Com. Learning can arrange a bus to go from Coupar Angus.

TUESDAY 5th

Coupar Angus Seniors Care Group Meeting 2pm in St. Anne's Church Hall, Forfar Road.

WEDNESDAY 6th

SNP Branch Meeting 7.30pm in the Heritage Rooms, George Street

THURSDAY 7th

Thursday Friends in the Town Hall 2.30pm. We would be pleased to see everyone then!

FRIDAY 8th

* **Coupar Angus & District Heritage Assoc.** entitled "The Romans in Perthshire". The speaker is the top expert in Scotland on the Roman period, Dr Fraser Hunter, courtesy of Archaeology Scotland. Should be a good evening. Strathmore Bowling Club at 7.30pm

* **Coupar Angus Country & Western Music Club** Evening, at the Red House Hotel, Coupar Angus from 8pm onwards. Music by Carson City.

MONDAY 11th

* **CA, A & B Community Council Meeting** in the Town Hall at 7pm

* **SNP Bingo** starts again this month, 7.30pm eyes down, in the Town Hall

TUESDAY 12th

St. Anne's Church Ecumenical Lunch Club from 12.30pm. Soup and a roll, cheese toastie and tea/coffee £2.00/person

WEDNESDAY 13th

Over 60's Day Out, leaving the Town Hall at 12.30pm. If you would like to join us call Tom on 628342 or Michael on 627124 to book your seat and for details.

THURSDAY 14th

Thursday Friends We will meet in the Town Hall for our Tea Party on the 14th October at 2.30pm. Please come along and join us.

TUESDAY 19th

* **Little Fishes**, stories and music for the under 5's in St Anne's Church Hall 10.30-11.30am

SATURDAY 23rd

* **ZUMBA** – 9.30-10.30am in the Town Hall. £3/session A Latin and International inspired dance fitness programme. Just follow the teacher!

TUESDAY 26th

St. Anne's Church Ecumenical Lunch Club from 12.30pm. Soup and a roll, cheese toastie and tea/coffee £2.00/person

WEDNESDAY 27th

Pride of Place Meeting in the Council Chambers in the Town Hall – 7pm

THURSDAY 28th

Bookbug Rhymetime in the Library in the Town Hall, Coupar Angus 10.30-11am. Free story, song and Rhyme sessions for babies & toddler

IDENTITY THEFT

This occurs when an individual or company's personal or confidential information is fraudulently obtained by another person without their knowledge to steal their identity. You could be plunged into a nightmare situation where your credit history is ruined and you have to correct your record. The majority of victims ARE reimbursed by their banks, but it can be a protracted experience to sort out

How the fraudsters operate

Fraudsters use a number of methods to obtain your information.

- Search through your rubbish and bins to find utility bills or bank statements which you have thrown out.
- By post, telephone or online scams to obtain confidential information from you personally
- Theft of your door step mail

Be alert.

There are warning signs to look out for.

- If you receive bills or invoices for goods you have not ordered
- Collection letters for debt you have not accrued
- Transactions on your bank/credit card statements that you do not recognise
- Be aware if important documents, like your passport or driving licence being lost or stolen
- You are unexpectedly refused credit or store cards

What You Can Do

- **Keep all your important documents safe and secure** - do not compromise you personal details.
- **When using a credit or debit card**, make sure it is never out of your sight.
- **Be wary** if ATMs look as though they have tampered with, your cards could be skimmed and cloned.

- **Never reveal your details** when you are contacted by phone, fax, post or email if you believe the request not to be genuine. Always offer to ring back any suspicious callers.
- **Destroy**, preferably cross cut shred all documents which may contain your information, such as bank statements and utility bills.
- **Properly check** all your bank/credit card statements and immediately report any transactions you do not recognise (even small amounts).
- **Formally close** all accounts you no longer require.
- **Move your mail** - when moving home. It is vital you notify all relevant organisations of your change of address.

GOOD ADVICE

DO NOT GIVE OUT ANY PERSONAL DETAILS AT ALL TO ANY COLD CALLERS. BONA FIDE COMPANIES WILL NOT ASK FOR PERSONAL DETAILS BY PHONE OR EMAIL- THEY SHOULD HAVE DETAILS ALREADY

IF IN DOUBT WITH A CALLER AUTHENTICITY IMMEDIATELY HANG UP.

CURRENTLY BE AWARE OF HM REVENUE & CUSTOMS SCAMS ABOUT TAX OWED OR OVER PAID. FOREGOING HMRC REQUESTS ARE CURRENTLY BY LETTER ONLY.

Useful Contact Details

Non Emergency 0300 111 2222

Emergency 999

Crimestoppers 0800 555 111

Steve Brown, Crime Community Officer, PC9024

Coupar Angus takes Pride of Place!

Coupar Angus *Pride of Place* (PoP) took part this summer in the Take a Pride in Perthshire competition, the judging of “in-bloom” group efforts organised by Perth & Kinross Council. The competition not only considers floral displays throughout the year but also covers a wide range of issues including participation by children, community involvement, environmental cleanliness, biodiversity and sustainability amongst other categories.

The judging took place at the beginning of August with the awards not being made public until Monday 6th September. Coupar Angus was judged in the Small Country Town Category, along with Crieff and Blairgowrie and Rattray. Coupar Angus *Pride of Place*, were successful in retaining their Gold Award, won for the first time last year, but to the delight of the Committee were awarded the shield for the Best Town in the Category. This is a remarkable achievement for a group formed just four years ago. It rewards the PoP Group for its efforts this year which, in addition to the colourful summer displays, included a community bulb planting in Larghan Park, the eco cotton shopping bag project which resulted in 2000 bags being distributed throughout the community, litter picks and the creation of a mini beast hotel at Coupar Angus Primary School.

Following the presentation of awards for the participating groups in the categories Wee Village, Small Village, Large Village as well as Small Country Towns, discretionary awards are made by the Competition Judges in recognition of outstanding contributions and for the second year in a row Coupar Angus *Pride of Place* were awarded the prize, jointly with Kenmore, for the group working best with their local school.

A delighted Maggie Langelaan, *Pride of Place* Chair, commented that, the prestigious Best in Category award won for the first time not only recognised the efforts of the hard working PoP team, but reflected the changing attitude of the residents and businesses of Coupar Angus who once again are taking an interest in their Town and a pride in the local environment. She added her thanks to everyone who had helped the Group achieve the awards and hoped that others would get involved to build on these successes.

Many thanks to those advertisers who have supported this months edition of CAN^{do}. I am making my way round all shops and businesses – you have been warned!

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The Burrelton Village Hall Committee

would like to thank everyone for making the Market on the Green event a very successful day. We plan to make it bigger and better next year. The support of the village groups, local crafters and the people who attended on the day was very much appreciated. Look forward to seeing you all next year.

Welcome to the Cross

With the new look Cross nearing completion, it is great to see a new shop opening in our town.

The Coupar Angus Bakehouse has taken over the Abbey tablet premises, wafts of fresh baking replacing the sweet smell of tablet.

Does it get any better?

Good luck to Steve and his team

WANTED

Active members required to help organise
The Coupar Angus Horse Fair.



The horse fair has been a feature of Coupar Angus in the past but now needs your help with the organisation if it is to be revived.

We need your skills with ideas and communication to contact and arrange groups interested in contributing to the event.

(you don't even need to get your hands dirty)

So if you can donate a little or a lot of time (your choice) have a phone or internet or any other form of communication, even pigeon post, we would like you to attend a meeting on Wednesday 6th October at 8.00 p.m. in the C.A.R.T. office, Royal Bank Building, Union Street.

Office facility available by kind permission of Coupar Angus Regeneration Trust

We look forward to seeing you and receiving your support so that this unique & popular event may continue.

Coupar Angus Town Hall

The Community Council would like to make it clear to the people of Coupar Angus that THEY are not trying to buy the hall as some people seem to think. It is a separate committee called Forward Coupar Angus that are making enquiries, although some members of Forward Coupar Angus are Community Councillors which may have caused the confusion.

It is in no way what so ever connected to the community council.



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The Coupar Angus Bakehouse is a family owned bakers shop offering fresh bread, rolls as well as an assortment of cakes and pastries.

A large selection of fresh cream cakes always available as well as a variety of pies, bridies and sausage rolls.

Sandwiches, filled rolls and baguettes made fresh to order just as you like!

Also available home-made soup, stovies, macaroni cheese and baked potatoes with a great selection of tasty fillings and side salad.

Tea and coffee only 90p
Sit in or take away

See instore for great value offers each week!

Open Mon-Sat 7am-4pm
We look forward to serving you soon!



